

Standard Number: 2.D.9

CMAS Two Star Instructor Training Programme

Basic Requirements

1. Aim of the training programme

1.1 This training programme aims at refreshing the knowledge of experienced CMAS One Star Instructors with regard to the basic concepts, principles and instructional techniques for diver education and training and introducing them to the instructional techniques involved in the teaching of advanced, rescue and entry-level leadership Diver Training Programmes, which will enable them to present these CMAS Diver Training Programmes in a safe and competent manner.

2. Classification

2.1 The CMAS Two Star Instructor is classified as competent to deliver all CMAS basic Diver training programmes i.e. Diver One, Two and Three Star levels and assist in Instructor courses.

3. Instructor and Assistant Requirements

3.1 The CMAS Two Star Instructor Training Programme may be presented by any CMAS Instructor with a minimum of a CMAS Three Star Instructor grading that complies with the requirements as prescribed by Clause 2.1.16 of the definitions in Chapter 1.

3.2 The CMAS Three Star Instructor may be assisted by a CMAS Two Star Instructor that complies with Clause 2.1.16 of the definitions in Chapter 1.

4. Competencies of a certified CMAS Two Star Instructor

4.1 A CMAS Two Star Instructor shall be trained such that, when assessed by a CMAS Three Star Instructor, he shall be deemed to have a professional level of knowledge of diving theory, a professional level of knowledge of theoretical, confined and open water teaching and supervising skills, solid rescue skills, dive management and supervision abilities, exemplary diving skills and sufficient diving experience:

4.1.1 To teach, assess and certify candidates on all CMAS Sport Diver Training Programmes, the CMAS Three Star Diver Training Programme as well as the CMAS Rescue Diver Training Programme in accordance with the prescribed CMAS Diver Training Standards on their theoretical knowledge, confined and open water skills;

4.1.2 To teach, assess and certify participants on all the CMAS Speciality Diver Training Programmes for which he himself has successfully completed the appropriate CMAS Speciality Diver Training Programmes and/or Speciality Instructor Training Programmes which are allowed to be presented by a CMAS Two Star Instructor in terms of the relevant CMAS Diver Training Standards on their theoretical knowledge, confined and open water skills and other practical skills.

4.1.3 To act as an Instructional Assistant to a CMAS Three Star Instructor during the presentation of CMAS One and Two Star Instructor Training Programmes.

4.2 The parameters within which the CMAS Two Star Instructor is qualified to dive are those applicable to the other diver training certifications he already holds.

5. Prerequisites for participation in the training programme

5.1 In order to gain access to the CMAS Two Star Instructor Training Programme, the participant shall:

5.1.1 Be at least eighteen (18) years of age; there is no upper limit;

5.1.1 Hold the following CMAS Diver Training or equivalent certifications:

5.1.1.1 CMAS One Star Instructor Training Programme;

5.1.2 Submit proof to the national federation that he has the required experience;

5.1.3 Must have a valid diving medical certificate as required by the national federation

6. Requirements for certification

6.1 In order to be certified as a CMAS Two Star Instructor, the student shall:

6.1.1 Comply with all the prerequisites for participation in the training programme as prescribed by Clause 5 of this Standard;

6.1.2 Successfully complete the theoretical assessment as provided for in Clause 10.1 of this Standard;

6.1.3 Successfully complete the confined water assessment as provided for in Clause 10.2 of this Standard;

6.1.4 Successfully complete the open water assessment as provided for in Clause 10.3 of this Standard;

6.1.5 Successfully complete the teaching skills assessment as provided for in Clause 10.4 of this Standard; and

6.1.6 Successfully complete the emergency procedure skills assessment as provided for in Clause 10.4 of this Standard.

7. Required theoretical knowledge and diving skills

7.1 The participant shall receive tuition in the theoretical knowledge and diving skills as prescribed in Standard 3.9 of Chapter 3.

8. Theoretical training parameters

8.1 The CMAS Instructor shall conform to the standard theoretical training parameters as prescribed by Clause 4.5 of Chapter 1.

9. Practical training parameters

9.1 The CMAS Instructor shall conform to the standard practical training parameters as prescribed by Clause 4.6 of Chapter 1.

10. Assessment

10.1 **Knowledge**

10.1.1 The student shall demonstrate to the CMAS Instructor knowledge of SCUBA diving and of SCUBA diver training by taking and passing a written examination. This examination shall test the following as prescribed in Standard 4.9 of Chapter 3:

10.1.1.1 Theoretical knowledge of SCUBA diving;

10.1.1.2 Level of knowledge of SCUBA skills;

10.1.1.3 Level of knowledge of SCUBA diver training;

10.1.1.4 Level of knowledge of emergency procedures (first-aid and CPR, oxygen administration, diver rescue and rescue management)

10.1.1.5 Competency in course management and quality control

10.2 **Confined water SCUBA skills**

10.2.1 The participant shall demonstrate to the CMAS Instructor his ability to assess candidates of Diver grades in their ability to carry out skills in confined water.

10.3 **Open water SCUBA skills**

10.3.1 The participant shall demonstrate to the CMAS Instructor his ability to assess diver candidates in carrying out skills during their open water examination dives.

10.3.2 Demonstrate their ability to instruct a group of students in selected diving techniques in confined and open water as defined by the national federation.

10.3.3 Demonstrate familiarity with the contents of the 1, 2 and 3 star Diver courses and the ability to teach a group of students in a class room, surface and in the open water.

10.3.4 The participant shall demonstrate to the CMAS Instructor his mastery of the teaching skills, as prescribed in Clause 3 of Standard 3.9 of Chapter 3, by playing the role of an instructor in a structured series of actual or simulated training sessions (both in the classroom and in the confined and open water environments) which simulate the duties that he will be expected to fulfil once qualified.

10.4 **Emergency procedure skills**

10.4.1 The participant shall demonstrate to the CMAS Instructor his mastery of the emergency procedure skills and planning, as prescribed in Clause 4 of Standard 3.9 of Chapter 3 during one or more simulated rescue exercises.

10.5 The assessment will be made at a national federation level by a panel composed of at least one 3 Star Instructor and can be assisted by 2 Star Instructors.

11. Certification

11.1 Upon successful completion of the training programme the participant shall be awarded with a CMAS Two Star Instructor C-card.